



New Orleans Ballet Theatre  
Gregory Schramel, Artistic Director

# New Orleans Ballet Theatre Summer Intensive

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Levels C & D: June 3<sup>rd</sup> - June 28<sup>th</sup>, 2024 (4 Weeks)

Levels A & B: June 17<sup>th</sup> - June 28<sup>th</sup>, 2024 (2 Weeks)

or

June 3<sup>rd</sup> - June 28<sup>th</sup>, 2024 (4 Weeks)

***Congratulations and welcome to New Orleans Ballet Theatre's Summer Intensive Program!*** The entire faculty of NOBT's Summer Intensive is looking forward to welcoming your dancer for a wonderful summer of joyful learning through dance. Please read this package in its entirety for an overview of the intensive program, including registration deadlines.

**You will find in this packet:**

- 1) Tuition, Deadlines, and Payment Methods (Pg 2)**
- 2) Student Handbook and Policies (Pgs 3-7)**
- 5) Medical release form- Doctor's signature *if necessary* (Pg 8)**

If you have any questions, please feel free to call the school at **504-826-0646** or e-mail **n.o.ballettheatre@gmail.com**.

All mailed correspondence should be sent to:

**New Orleans Ballet Theatre  
920 Terpsichore Street  
New Orleans, LA 70130**

Congratulations again on your acceptance, and we look forward to working with your student this summer.

**- The New Orleans Ballet Theatre Faculty**



## Tuition

Tuition reflects which level program the dancer will enter: **either A, B, C, or D.** Program acceptance emails will clarify which group the dancer has been accepted into, and all level placement decisions are at the discretion of the directors only.

**The A & B level programs will run from 9:00am- 3:00pm daily Monday-Friday.**  
**The C & D level programs will run from 9:00am- 4:30pm daily Monday-Friday.**

### A & B Level Fees (2 week)

\$100 Registration Fee  
\$250 Tuition Deposit  
\$400 Tuition Balance

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**\$750 Total Fees**

### A & B Level Fees (4 week)

\$100 Registration Fee  
\$250 Tuition Deposit  
\$950 Tuition Balance

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**\$1300 Total Fees**

### C, & D Level Fees

\$100 Registration Fee  
\$250 Tuition Deposit  
\$1400 Tuition Balance

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**\$1750 Total Fees**

## Deadlines

- **March 31<sup>st</sup>, 2024: All Forms submitted online** and **\$100.00 registration fee** due.
- **April 30<sup>th</sup>, 2024:** Non-refundable deposit of **\$250.00** due.
- **May 13<sup>th</sup>, 2024:** Tuition balance due.
  - A & B Tuition Balance (2 week):** \$400.00
  - A & B Tuition Balance (4 week):** \$900.00
  - C & D Tuition Balance:** \$1,400.00

## Payment Methods

**1) Check** All checks should be made out to **New Orleans Ballet Theatre (NOBT)**

All correspondence should be sent to:

**NOBT, 920 Terpsichore St, New Orleans, LA 70130**

**2) Credit Card** Payments can be made online. Visit [www.nobt.org/summer](http://www.nobt.org/summer)

## **Student Handbook and Policies**

Welcome to the NOBT Summer Intensive!

The following is information and policies of the Summer Intensive for all dancers enrolled in the program.

After you and your parent or guardian read this (for students under 18), please **complete the online registration forms by March 31<sup>st</sup>, 2024**. Students will not be allowed to attend classes until they and the parent/guardian of students under age 18 have signed the statement indicating that they have read the NOBT Summer Intensive policies and that the student agrees to abide by them.

YOU SHOULD KEEP THIS HANDBOOK FOR REFERENCE THROUGHOUT THE INTENSIVE.

A special note regarding **the Medical Release Form**: Please note: **A doctor's signature is required ONLY if there are physical or other kinds of limitations.**

## **ATTENDANCE POLICY**

Students are required to participate in all weeks of the program, unless otherwise negotiated with the directors of NOBT Summer Intensive.

All students must attend all classes in which they are enrolled regularly and punctually. Students arriving in the dance studio 10 minutes after the class has begun will be required to observe rather than participate in the class. No student may leave class without the teacher's permission. Appropriate procedures to follow when ill or injured are described below. **Any student with an unexcused absence, or any student who has not participated in at least 80% of their dance classes may not be able to perform in the workshop at the end of the intensive.**

### **WHAT TO DO WHEN ILL OR INJURED:**

#### **Students under 18**

When a student is not able to attend dance class because he/she is ill or injured: A parent or guardian must notify by telephone the NOBT Summer Intensive at **504-826-0646** or email to [n.o.ballettheatre@gmail.com](mailto:n.o.ballettheatre@gmail.com) of the student's absence prior to dance class time. Students who have been recommended not to dance must observe their dance classes unless illness prevents this. If such a student fails to observe class, this absence will be considered unexcused. Note: Only a teacher may excuse a student from observing his/her class.

### **Process for Pre-arranging Absences due to Special Circumstance**

Requests for excused absences for personal reasons, such as family emergencies, special events, transportation problems, etc. will be considered by the summer school directors on an individual basis upon presentation of a written statement from a parent or guardian for students under age 18 or from the student age 18 and above. To be given consideration, the written statement must be submitted or emailed to [n.o.ballettheatre@gmail.com](mailto:n.o.ballettheatre@gmail.com) to the summer school directors no later than the first week of the summer course, or before the program, when possible. If the absence is due to an emergency, the written statement must be submitted to the summer school directors on the day of the student returns to class for consideration.

### **Withdrawal or Dismissal from School**

In certain cases, such as serious illness or injury, when the student cannot participate in his/her dance classes for an extended amount of time, it may be recommended that the student withdraw from the Summer Intensive. Each case must be discussed with the summer school director.

Any violation of the rules and regulations as stated in this, the Summer Handbook and Policies, could result in dismissal.

## **DRESS CODE**

It is the student's responsibility to adhere to the dress code as posted. Dress code violations will affect the student being allowed to participate in class and could impact on attendance and continuation in the program. The dress code is not simply about regimentation; rather it is connected to the unification of our student body, a student's ability to accept and implement direction and a sign of self-respect and preparedness. There are no exceptions to the dress code.

NOTE: Items students are to bring with them are noted in **bold** with ◀

### **Dress code for all Ballet Classes**

**Women: Solid black leotard** ▶ with **pink tights** ▶ Students must wear presentable **pink ballet slippers** ▶ with elastics sewn on shoes. Presentable **pink pointe shoes** ▶ (when pointework is considered appropriate for the student) with appropriate elastics and ribbons sewn on shoe. **Hair must be neatly put up in a bun** ▶ . No leg warmers or sweats will be allowed, unless the class is a "warm up" or the teacher running a rehearsal allows it.

**Men: Form fitting white t-shirt** ▶ (no tank tops), without any print or logo, tucked inside the tights. **Black tights** ▶ **Black ballet shoes** ▶ with elastics sewn on shoes. **Dance belt** ▶ must be worn. No leg warmers or sweats will be allowed, unless the class is a "warm up" or the teacher running a rehearsal allows it.

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## Dress Code for all Contemporary Dance Classes + Jazz Classes

**Women: Solid black leotards** ◀ and **black tights** ◀ Black tights can be worn inside or outside the leotard, and tights must continue below the calf muscle. Leotards should be worn as designed without alterations. No leg warmers or sweats will be allowed unless the class is a “warm up” or the teacher running a rehearsal allows it. ***In the situation that a student goes directly from ballet class to a Contemporary/Jazz Class (particularly intermediate students), the contemporary teacher may request students to wear pink tights instead of black to save time changing.***

**Men: Form fitting black t-shirt** ◀ (no tank tops), without any print or logo, tucked inside the tights. **Black tights** ◀ **Dance belt** ◀ must be worn. No leg warmers or sweats will be allowed, unless the class is a “warm up” or the teacher running a rehearsal allows it.

**Women and Men:** Teachers may request either in jazz shoes or bare feet. **No socks allowed.**

## General Dress Rules

All students take jazz and must bring **jazz shoes** ◀ with them (tennis shoes are **not** allowed in jazz class).

Character dance will be taught to all students. Women should bring with them **character shoes** ◀ with  $\frac{1}{2}$ ”, 1”, or 1 $\frac{1}{2}$ ” **heel and buckle strap**, and a **knee length character skirt** ◀ (full circular, mid-calf length – not mini or A-line).

Men should bring **black jazz oxford shoes** ◀ to be used in character class.

We also recommend ALL students to bring a **yoga mat** ◀.

For health and safety reasons, **only** simple earrings may be worn in classes and rehearsals. No other jewelry or watches should be worn. Extraneous clothing such as leg warmers, sweat pants, shorts, loose sweaters, plastic coverings of any sort, sweat bands on wrist, head bands, bandanas\* may **not** be worn.

Students are required to keep their hair in a state that is relative to the art form they are practicing. Natural hair colors or colors based on natural hair colors only.

The Director has the ability to implement specific hairstyles for any performances. Men must be clean shaven for all performances. \*Men may be allowed to keep hair out of their face with a black bandana.

Please bring **sewing materials** ◀ to keep clothing in proper repair. Unsightly rips, runs, or holes will not be tolerated.

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Students, whether actively participating or functioning as an understudy/cover, must wear clean practice clothes for all classes and rehearsals. No street clothes will be allowed to be worn by any student participating in a class or rehearsal, regardless of venue.

Because of the close proximity of persons that dance requires, **deodorant** ◀ must be worn at all times, particularly when wearing costumes that may be provided by the company.

Even if a student has been typically allowed to depart from the dress code for rehearsals, the student may still be required to rehearse in dress code upon notification. Again, this is at the discretion of the person running the rehearsal.

## **OTHER IMPORTANT INFORMATION**

Students will be assigned to the classes by the director and staff and it is subject to change during the first week of classes. Remember, the quality of dance education and the appropriate level is our first priority.

Please do not have your parent(s), guardian(s), or other local teacher call us concerning class level. The directors of the New Orleans Ballet Theatre Summer Intensive will place you in the class in which they feel they can give you the best possible training. Class level will not be final until the end of the first week. If your class level is changed, please follow the schedule of the new class.

Written evaluation of students work will not be provided. If you would like a verbal evaluation, please schedule an appointment with the teacher(s).

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## Dress Code Check List

For specific clarifications, check Dress Code section of Student Handbook

	Women	Men
Ballet/etc	Hair in clean bun Solid black leotard Pink tights Pink ballet slippers Pink pointe shoes (if appropriate) Short black wrap skirt (Needed for performance)	Form fitting white t-shirt Black tights Dance belt Black ballet shoes
Contemporary/ Jazz	Hair pulled back Solid black leotard Black tights Bare feet/ Black Jazz Shoes	Form fitting white or black t-shirt Black tights Dance belt Bare feet/ Black jazz shoes
Character	Clean Bun Solid black leotard Pink tights Knee-length character skirt Black character shoes ( ½", 1", or 1½" heel)	Form fitting white or black t-shirt Black tights Dance belt Black jazz shoes
Hip Hop	Hair pulled back T-shirt and shorts ok Tennis Shoes  (Leotard also acceptable)	T-shirt and shorts ok Tennis Shoes  (Ballet Attire also acceptable)
Pilates/ Yoga	Hair pulled back (or in bun) Solid black leotard Pink tights Bare feet/socks Yoga mat*	Form fitting white t-shirt Black tights Bare feet/socks Yoga mat (some available to borrow)

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## Medical Release Form

Students should be aware that professional training in dance is extremely rigorous and is particularly stressful to the muscular and skeletal structures of both the upper and lower body. In addition, there are special considerations and care to be taken with the bone structure and muscles of the head, neck, shoulders, back, feet, ankles, lower legs, knees, thighs, and hip joints. Because of the susceptibility of dancers for injury to these muscles and bone structures, particular attention will be given at the time of audition and in subsequent evaluations to the dancer's fitness in these areas and to the effects of stress placed upon these structures by the rigors of the dancer's regimen.

In order to insure a positive training program at NOBT Summer Intensive, we ask that you inform us of any physical limitations that could prevent you from actively participating and performing fully in the program. If there are no physical limitations, check the appropriate box, sign your name, and return this form to the NOBT. *If any physical limitations arise between the time this form is submitted and the start of the program, the attendee agrees to notify NOBT staff immediately, and will resubmit this form, if necessary, with doctor approval.*

**Please note: This form with doctor's signature is required ONLY if there are physical limitations.**

I have the following current physical limitations\* (see box below)

\_\_\_\_\_  
**Student's print name (required)**

\_\_\_\_\_  
**Parent/ Guardian print name**  
(Required if student under 18 years)

\_\_\_\_\_  
**Parent/ Guardian signature**  
(Required if student under 18 years)

\_\_\_\_/\_\_\_\_/\_\_\_\_  
**Date**

### TO BE FILLED BY DOCTOR, IF NECESSARY:

**Current Injury, Condition, or Other Limitation:** \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Treatment or restrictions prescribed: \_\_\_\_\_

Activity level:

- |                             |                                  |
|-----------------------------|----------------------------------|
| ... No dance **             | Length of time prescribed: _____ |
| ... Dance to pain tolerance | Length of time prescribed: _____ |
| ... No jumping              | Length of time prescribed: _____ |
| ... No pointe work          | Length of time prescribed: _____ |
| ... No lifting              | Length of time prescribed: _____ |
| ... Other:                  | Length of time prescribed: _____ |

### Chronic Injuries, Conditions or Other Limitations:

\_\_\_\_\_  
Diagnosis:

\_\_\_\_\_  
Treatment or restrictions prescribed:

\_\_\_\_\_  
Doctor's signature:

\_\_\_\_\_  
Date:

**(required ONLY if there are physical limitations)**